ASTRID VALSE.te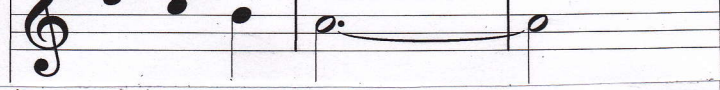f